

# RESOURCES FOR MENTAL HEALTH

## **National Suicide Hotline**

800-273-8255

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## **National Alliance on Mental Illness**

800-950-6264

[www.namiflorida.org](http://www.namiflorida.org)

[www.nami.org](http://www.nami.org)

## **Center for Progress and Excellence**

844-395-4432

[www.progressandexcellence.org](http://www.progressandexcellence.org)

## **Samaritan Health and Wellness**

239-257-3094

[www.capesamaritan.com](http://www.capesamaritan.com)

## **Cornerstone Consultants**

239-772-2273

[www.cornerstonecape.com](http://www.cornerstonecape.com)

## **Abuse Counseling & Treatment**

239-939-2553

[www.actabuse.com](http://www.actabuse.com)

## **SalusCare**

239-275-3222

[www.saluscareflorida.org](http://www.saluscareflorida.org)

## **Lee Health Behavioral Health**

239-343-9180

[www.leehealth.org](http://www.leehealth.org)